

Energy



2010

April

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5
SPRING BREAK

6
Pancakes with Syrup
and a Sausage Patty

7
Blueberry Muffin

8
Ham, Egg and
Cheese Biscuit

9
Sausage Patty with
Cheese on an English
Muffin

12
Waffles with Syrup
and a Sausage Patty

13
Scrambled Eggs w/
Wheat Toast

14
English Muffin with
Jelly

15
Quaker Oatmeal
Brown Sugar
Cinnamon to Go Bar
with Yogurt

16
Biscuit and Gravy
with Sausage Patty

19
Egg and Cheese
English Muffin

20
Blueberry Bagel
with Cream Cheese

21
Breakfast Pizza

22
Scrambled Eggs w/
White Toast

23
NO SCHOOL
TEACHER
INSTITUTE

26
Quaker Oatmeal
Apples & Cinnamon
to Go Bar with
String Cheese

27
Ham and Cheese
Biscuit

28
Scrambled Eggs w/
Sausage Patty

29
Egg Bagel with
Cheese

30
French Toast Sticks

**BREAKFAST IS A PERFECT
START TO THE DAY!**

**More
Info...**

**Daily Entrée
Choices:**

Daily Menu Item
-OR-
Assorted Cereal
-OR-
Hot Oatmeal

Daily Side Choices:

Cinnamon Toast
100% Fruit Juice

White Milk served
daily.

Alton School District Elementary Breakfast Menu



***** LUCKY TRAY DAY ***
Wednesday, April 14**

Menus are subject to
change without notice.

