



APRIL

2010



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
5	SPRING BREAK	6	Pancakes with Syrup and a Sausage Patty	7	Blueberry Muffin	8	Ham, Egg and Cheese Biscuit	9	Sausage Patty with Cheese on an English Muffin
12	Waffles with Syrup and a Sausage Patty	13	Scrambled Eggs w/ Wheat Toast	14	English Muffin with Jelly	15	Quaker Oatmeal Brown Sugar Cinnamon to Go Bar with Yogurt	16	Biscuit and Gravy with Sausage Patty
19	Egg and Cheese English Muffin	20	Blueberry Bagel with Cream Cheese	21	Breakfast Pizza	22	Scrambled Eggs w/ White Toast	23	NO SCHOOL TEACHER INSTITUTE
26	Quaker Oatmeal Apples & Cinnamon to Go Bar with String Cheese	27	Ham and Cheese <u>Biscuit</u>	28	Scrambled Eggs w/ Sausage Patty	29	Egg Bagel with Cheese	30	French Toast Sticks

More Info...

Served daily:

Daily Entrée Choices:

Daily Menu Item
-OR- Assorted Cereal
-OR- Assorted Yogurt
-OR- Hot Oatmeal

Daily Side Choices:

Cinnamon Toast
100% Fruit Juice

White Milk served daily.

Menus are subject to change without notice.

Alton Middle School Breakfast Menu

