



2009

August

Welcome Back Alton Middle School Students!



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
17		18		19	Entrée Choices: Pancakes with Syrup Assorted Cereal Assorted Yogurt Hot Oatmeal	20	Entrée Choices: Peanut Butter & Jelly English Muffin Assorted Cereal Assorted Yogurt Hot Oatmeal	21	Entrée Choices: Scrambled Eggs Assorted Cereal Assorted Yogurt Hot Oatmeal
24	Entrée Choices: Waffle with Syrup Assorted Cereal Assorted Yogurt Hot Oatmeal	25	Entrée Choices: Cheesy Eggs Assorted Cereal Assorted Yogurt Hot Oatmeal	26	Entrée Choices: Peanut Butter & Jelly Bagel Assorted Cereal Assorted Yogurt Hot Oatmeal	27	Entrée Choices: Egg Taco Assorted Cereal Assorted Yogurt Hot Oatmeal	28	Entrée Choices: Blueberry Muffin Assorted Cereal Assorted Yogurt Hot Oatmeal
<p>Free/Reduced Lunch Applications are available in the cafeteria! A new application must be filled out each school year.</p>									

More Info...

Daily Entrée Choices:

- Daily Menu Item
- OR-
- Assorted Cereal
- OR-
- Assorted Yogurt
- OR-
- Hot Oatmeal

Daily Side Choices:

- Cinnamon Toast
- 100% Fruit Juice
- White Milk served daily.

Menus are subject to change without notice.