

# Energy

# 2010

# February

## Lucky Tray Day February 17<sup>TH</sup> @ LUNCH!

**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****1**  
Breakfast Pizza**2**  
Pancakes with Syrup  
and a Sausage Patty**3**  
Ham, Egg and  
Cheese Biscuit**4**  
Sausage Patty with  
Cheese on an English  
Muffin**5**  
Blueberry Muffin**8**  
Waffles with Syrup  
and a Sausage Patty**9**  
Biscuits & Gravy**10**  
Scrambled Eggs w/  
Wheat Toast**11**  
Cinnamon Raisin  
Bagel with Cream  
Cheese**12**  
English Muffin with  
Jelly**15**  
Presidents' Day  
  
No School Today**16**  
Egg Bagel with  
Cheese**17**  
Sausage Patty w/  
Toast**18**  
Egg and Cheese  
English Muffin**19**  
Ham and Cheese  
Biscuit**22**  
Breakfast Pizza**23**  
Blueberry Muffin**24**  
Scrambled Eggs w/  
Sausage Patty**25**  
Blueberry Bagel  
with Cream Cheese**26**  
Sausage and Cheese  
Biscuit

## More Info...

**Daily Entrée Choices:**Daily Menu Item  
-OR-  
Assorted Cereal  
-OR-  
Trix Yogurt  
-OR-  
Hot Oatmeal**Daily Side Choices:**Cinnamon Toast  
  
100% Fruit Juice  
  
White Milk served daily.

# BREAKFAST IS A PERFECT START TO THE DAY!

## Alton School District Elementary Breakfast Menu



**Special News...**  
**LUCKY TRAY DAY**  
**WEDNESDAY, FEBRUARY**  
**17<sup>TH</sup> @ LUNCH!**

Menus are subject to  
change without notice.

