



2009

November



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Pancakes with Syrup and a Sausage Patty	3	Biscuits & Gravy	4	Ham, Egg and Cheese Biscuit	5	Sausage Patty with Cheese on an English Muffin	6	Blueberry Muffin
9	Waffles with Syrup and a Sausage Patty	10	Breakfast Pizza	11	No School Today Veteran's Day Holiday	12	Cinnamon Raisin Bagel with Cream Cheese	13	English Muffin with Jelly
16	French Toast Sticks with Sausage Patty	17	Egg Bagel with Cheese	18	Scrambled Eggs with Wheat Toast	19	Sausage Egg English Muffin	20	Ham and Cheese Biscuit
23	String Cheese w/ Animal Crackers	24	Blueberry Muffin	25		26		27	
<i>Thanksgiving Vacation November 25- November 29</i>									
30	Waffles with Syrup	1	Blueberry Bagel with Cream Cheese	2	Scrambled Eggs w/ Wheat Toast	3	Jelly English Muffin	4	Sausage Patty w/ Toast

More Info...

Served daily:

Daily Entrée Choices:

- Daily Menu Item
- OR-
- Assorted Cereal
- OR-
- Assorted Yogurt
- OR-
- Hot Oatmeal

Daily Side Choices:

- Cinnamon Toast
- 100% Fruit Juice

White Milk served daily.

Menus are subject to change without notice.

Alton Middle School Breakfast Menu

