

(AS ALIGNED TO THE IDPH K-12 DECISION TREE)



MY CHILD IS SICK - WHEN CAN THEY RETURN TO SCHOOL?

IF YOUR CHILD IS SICK, PLEASE KEEP THEM HOME! (AND USE THIS PAGE)

Close contact without symptoms? Please use page 2.
If any member of your household is awaiting the results of a COVID-19 test, your child/children must stay home unless they are fully vaccinated!

Q ■ Has your child tested positive for COVID-19?

YES **NO**

← See Page 3

Q ■ Has your child had a known exposure to COVID-19?

YES **NO**

Q ■ Was the exposure inside or outside your household?

INSIDE **OUTSIDE**

Symptoms:
Cough
Headache
Runny Nose
Congestion
Nausea

Symptoms:
Fever 100.4 or Above
Loss of Taste
Loss of Smell
Sore Throat
Body Aches
Vomiting
Diarrhea
New Headache
New Cough

- Notify the Alton School District and consult with your child's healthcare provider.
- Your child will be required to quarantine for 14 days by the local health department
- All children in the household (Alton School District students) must quarantine for 14 days, as determined by the local health department, since the last contact with the suspected case (unless the sibling is symptom-free and fully vaccinated)

- Notify the Alton School District and consult with your child's healthcare provider.
- Your child will be required to quarantine for 14 days by the local health department
- All children in the household (Alton School District students) must quarantine for 14 days, as determined by the local health department, since the last contact with the suspected case (unless the sibling is symptom-free and fully vaccinated).

- Requires 24 hours of no symptoms before returning to school.
- With a combination of these or other symptoms, you may be contacted by a nurse to follow up and determine if further action is needed, including requiring medical clearance to return to school.

- Notify the Alton School District and consult with your child's healthcare provider.
- A negative PCR/antigen test result or alternative diagnosis from a healthcare provider must be sent to the health team before the student can return to school.
- As another option, your child may choose to isolate at home for 10 days without testing or receiving an alternative diagnosis.
- For these specific symptoms, fully vaccinated students may return after 24 hours of no symptoms after providing proof of a negative test or alternate diagnosis note from the doctor.

Depending on symptoms, siblings in the household may be able to come to school if the symptomatic child has a negative PCR/antigen test result or alternative diagnosis from a healthcare provider. Please consult with the school health team.



MY CHILD FEELS FINE, HAS NO SYMPTOMS, BUT WAS EXPOSED.

CLOSE CONTACT BUT SYMPTOM FREE? (USE THIS PAGE!)

If any member of your household is awaiting the results of a COVID-19 test, your child/children must stay home unless they are fully vaccinated!

Q ■ Was the exposure inside or outside your household?

INSIDE **OUTSIDE**

Q ■ Is your child fully vaccinated?

NO **YES**

COME TO SCHOOL!

- Monitor for symptoms twice daily.
- Your child may come to school if symptom-free (if symptoms develop at any time, please refer to page 1).
- Contact the school health team for more information regarding optional quarantine.

- All children in the household (Alton School District students) must quarantine for 14 days, as determined by the local health department, since the last contact with the positive case.
- Notify the school health team and consult with your child's healthcare provider.
- Monitor for symptoms twice daily.

• **FULLY VACCINATED** means it has been more than 2 weeks since the second dose of the Moderna or Pfizer vaccine or 2 weeks since the single dose of the Johnson & Johnson vaccine. Please discuss this with the school office **prior to sending your child to school.**

If your child has had a positive Covid test or a positive antibody test (with an FDA-authorized test) in the past 90 days AND is without symptoms, he/she may come to school:

- If there is an exposure to Covid inside or outside of your home
- If someone in your home is waiting for test results

Please discuss this and provide test documentation to the school office/health team member **prior to sending your child to school.**



WHAT IF MY CHILD TESTS POSITIVE FOR COVID-19?

- Notify the school office
 - At least 10 days must pass since symptom onset or the positive test (whichever occurred first) in order to return
 - Fever free (less than 100.4°F without fever-reducing medication) for at least 24 hours
 - Symptoms have improved
-
- For asymptomatic individuals, has it been 10 days since your first positive COVID-19 test?

NO

YES

STAY HOME!

YOU MAY COME TO SCHOOL!

- **For asymptomatic individuals who test positive for COVID-19:**
- The CDC now advises that such individuals may discontinue their isolation and other precautions 10 days after their first positive COVID-19 test. If an asymptomatic individual becomes symptomatic, he or she is advised to follow the guidelines for individuals with symptoms.

- **Even if another family member tests positive, you may come to school.**
- You must provide a release letter from the health department.